

Sandwijk, J.P., P.D.A. Cohen, S. Musterd, & M.P.S. Langemeijer (1995), *Licit and illicit drug use in Amsterdam II. Report of a household survey in 1994 on the prevalence of drug use among the population of 12 years and over*. Amsterdam, Instituut voor Sociale Geografie, Universiteit van Amsterdam. pp. 133-150.

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**CEDRO**  
centrum voor drugsonderzoek



UNIVERSITEIT VAN AMSTERDAM

# LICIT AND ILLICIT DRUG USE IN AMSTERDAM II

*Report of a household survey in 1994 on the prevalence of drug use among the population of 12 years and over*

**J.P. SANDWIJK, P.D.A. COHEN, S. MUSTERD, & M.P.S. LANGEMEIJER**

# App. 1 Questionnaire main survey

You have received a letter explaining what this interview is about: your lifestyle, use of amusement facilities and use of medical and luxury drugs. We asked about 7500 people in Amsterdam to participate in this study.

( *When respondent is not alone:* ) In the interest of this investigation, I would like to ask you if I could speak to you alone, without any other people to influence your answers? Can we sit somewhere apart, i.e. out of hearing distance of other people?

( *When this is not possible:* ) In that case, I will continue the interview in writing. I will show to you how to go through the questionnaire.

INTERVIEWER *Is the situation fit to continue orally or better in writing?*

- no, in writing .....	[1]
- yes, orally .....	[2]

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## LEISURE

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First of all, I would like to know something about your activities in your leisure time.

**01** How many evenings a week do you usually spend at home?  
I mean evenings on which you don't have any fixed or regular activities outdoors (e.g., sport) or appointments with other people.

- all evenings at home .....	[1]
- 5 to 6 evenings at home .....	[2]
- 3 to 4 evenings at home .....	[3]
- 1 to 2 evenings at home .....	[4]
- hardly ever at home .....	[5]
- irregularly at home .....	[6]
- works at night .....	[7]
- no answer .....	[8]

Amsterdam has a lot of cafes, pubs, restaurants, cinemas, theaters, etc. Some people frequently visit them, other people only seldom.

**02** How many times did you go to pubs, discos, dance halls, etc. *during the past four weeks?*

- not a single time .....	[1]
- once .....	[2]
- 2 to 3 times .....	[3]
- 4 to 9 times .....	[4]
- 10 times or more .....	[5]
- don't know .....	[6]
- no answer .....	[7]

**03** How many times did you go to restaurants or other dining places, *during the past four weeks?*

- not a single time .....	[1]
- once .....	[2]
- 2 to 3 times .....	[3]
- 4 to 9 times .....	[4]
- 10 times or more .....	[5]
- don't know .....	[6]
- no answer .....	[7]

<p><b>04</b> How many times did you go to the cinema or art house during the past <i>eight</i> weeks?</p>	<ul style="list-style-type: none"> <li>- not a single time ..... [1]</li> <li>- once ..... [2]</li> <li>- 2 to 3 times ..... [3]</li> <li>- 4 to 9 times ..... [4]</li> <li>- 10 times or more ..... [5]</li> <li>- don't know ..... [6]</li> <li>- no answer ..... [7]</li> </ul>	
<p><b>05</b> How many times did you go to theatre, ballet, opera, etc. during the past <i>eight</i> weeks?</p>	<ul style="list-style-type: none"> <li>- not a single time ..... [1]</li> <li>- once ..... [2]</li> <li>- 2 to 3 times ..... [3]</li> <li>- 4 to 9 times ..... [4]</li> <li>- 10 times or more ..... [5]</li> <li>- don't know ..... [6]</li> <li>- no answer ..... [7]</li> </ul>	
<p><b>06a</b> Do you pursue any sports, by yourself or within a club? I also mean jogging, cycling, home training or aerobics.</p>	<ul style="list-style-type: none"> <li>- no ..... [1]</li> <li>- yes ..... [2]</li> <li>- no answer ..... [3]</li> </ul>	<p><b>7a</b> <b>6b</b> <b>7a</b></p>
<p><b>06b</b> How frequently do you do this? Daily, regularly or occasionally?</p>	<ul style="list-style-type: none"> <li>- (almost) daily ..... [1]</li> <li>- regularly ..... [2]</li> <li>- occasionally ..... [3]</li> <li>- no answer ..... [4]</li> </ul>	
<p><b>07a</b> How frequently do you meet relatives who are not part of your own household?  <i>INTERVIEWER: Give card A.</i></p>	<ul style="list-style-type: none"> <li>- never ..... [1]</li> <li>- daily ..... [2]</li> <li>- 2 to 3 times a week ..... [3]</li> <li>- at least once a week ..... [4]</li> <li>- at least once a month ..... [5]</li> <li>- less frequently ..... [6]</li> <li>- very irregularly ..... [7]</li> <li>- not applicable ..... [8]</li> <li>- no answer ..... [9]</li> </ul>	
<p><b>07b</b> How frequently do you meet friends?  <i>INTERVIEWER: Give card A.</i></p>	<ul style="list-style-type: none"> <li>- never ..... [1]</li> <li>- daily ..... [2]</li> <li>- 2 to 3 times a week ..... [3]</li> <li>- at least once a week ..... [4]</li> <li>- at least once a month ..... [5]</li> <li>- less frequently ..... [6]</li> <li>- very irregularly ..... [7]</li> <li>- not applicable ..... [8]</li> <li>- no answer ..... [9]</li> </ul>	
<p><b>07c</b> How frequently do you meet neighbours, relatives, friends or acquaintances living in your neighbourhood?  <i>INTERVIEWER: Give card A.</i></p>	<ul style="list-style-type: none"> <li>- never ..... [1]</li> <li>- daily ..... [2]</li> <li>- 2 to 3 times a week ..... [3]</li> <li>- at least once a week ..... [4]</li> <li>- at least once a month ..... [5]</li> <li>- less frequently ..... [6]</li> <li>- very irregularly ..... [7]</li> <li>- not applicable ..... [8]</li> <li>- no answer ..... [9]</li> </ul>	

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 QUESTIONS 8 TO 13 JUST FOR YOUNGSTERS TO 15 YEARS OF AGE
 

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<b>08</b>	Are you still in school?	- no .....	[1]	<b>10</b>
		- yes .....	[2]	<b>9</b>
		- no answer .....	[3]	<b>10</b>
<b>09</b>	What kind of school?  <i>INTERVIEWER: Give card B.</i>	- primary school .....	[1]	<b>11</b>
		- transitional year .....	[2]	<b>11</b>
		- LBO (LTS, LHNO, LEAO, INAS) .....	[3]	<b>11</b>
		- MBO (MTS, MEAO, etc.) .....	[4]	<b>11</b>
		- MAVO, IVO, IVKO .....	[5]	<b>11</b>
		- HAVO, VWO .....	[6]	<b>11</b>
		- other .....	[7]	<b>11</b>
		- no answer .....	[8]	<b>11</b>
<b>10</b>	What kind of school did you most recently attend?  <i>INTERVIEWER: Give card B.</i>	- primary school .....	[1]	
		- transitional year .....	[2]	
		- LBO (LTS, LHNO, LEAO, INAS) .....	[3]	
		- MBO (MTS, MEAO, etc.) .....	[4]	
		- MAVO, IVO, IVKO .....	[5]	
		- HAVO, VWO .....	[6]	
		- other .....	[7]	
		- no answer .....	[8]	
<b>11</b>	Do you have paid employment? That includes delivering newspapers or baby sitting.	- no .....	[1]	<b>13</b>
		- yes .....	[2]	<b>12</b>
		- no answer .....	[3]	<b>13</b>
<b>12</b>	How many hours a week do you work? Less than 4 hours, 4 to 8 hours, 8 to 20 hours, or more than 20 hours?	- less than 4 hours .....	[1]	
		- 4 to 8 hours .....	[2]	
		- 8 to 20 hours .....	[3]	
		- more than 20 hours .....	[4]	
		- irregular .....	[5]	
		- no answer .....	[6]	
<b>13</b>	Can you tell me with the aid of this card how much money you earn or get from your parents each month?  <i>INTERVIEWER: Give card C.</i>	- less than f50 .....	[1]	
		- f50 - f99 .....	[2]	
		- f100 - f199 .....	[3]	
		- f200 - f499 .....	[4]	
		- more than f500 .....	[5]	
		- no answer .....	[6]	

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 TOBACCO
 

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And now for something different. I would like to know something about your habits in smoking, drinking, and the use of pharmaceutical and other drugs.

<b>14</b>	Have you ever used any tobacco? (cigarettes, cigars, pipe)	- no .....	[1]	<b>19</b>
		- yes .....	[2]	<b>14b</b>
		- no answer .....	[3]	<b>19</b>
<b>14b</b>	Have you used it 25 times or more?	- no, less .....	[1]	
		- yes, 25 times or more .....	[2]	
		- don't know .....	[3]	
		- no answer .....	[4]	

APPENDICES

15	At what age did you first smoke tobacco?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	
16	Have you used tobacco during the past 12 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	17 18 17
17	At what age did you quit smoking?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	19 19 18
18	And over the past 30 days?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	

ALCOHOL

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19	Have you ever used any alcohol? (beer, wine, gin, liqueur, etc.)	- no ..... [1] - yes ..... [2] - no answer ..... [3]	27 19b 27
19b	Have you used it 25 times or more?	- no, less ..... [1] - yes, 25 times or more ..... [2] - don't know ..... [3] - no answer ..... [4]	
20	At what age did you use alcohol for the first time?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	
21	Have you used alcohol over the past 12 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	22 23 22
22	At what age did you last drink alcohol? (Round up/down to nearest age)	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	27 27 27
23	Have you drunk 6 or more alcoholic beverages in one day over the past 6 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	25 24 25
24	How often did you drink 6 or more alcoholic beverages in one day?  <i>INTERVIEWER: present card D.</i>	- more than 4 times a week ..... [1] - 3 to 4 times a week ..... [2] - 1 to 2 times a week ..... [3] - 1 to 3 times a month ..... [4] - 3 to 5 times past 6 months ..... [5] - 1 to 2 times past 6 months ..... [6] - don't know ..... [7] - no answer ..... [8]	

- 25 Have you used alcohol over the past 30 days?
- INTERVIEWER: present card E.*
- no ..... [1]
  - yes, 1 to 4 days ..... [2]
  - yes, 5 to 8 days ..... [3]
  - yes, 9 to 14 days ..... [4]
  - yes, 15 to 20 days ..... [5]
  - yes, more than 20 days ..... [6]
  - don't know ..... [7]
  - no answer ..... [8]
- 26 On average, how many glasses of alcohol have you drunk per day recently? (In case you don't drink every day, please make an estimate of your weekly consumption and divide that by seven.)
- glasses ..... [ | ]
  - don't know ..... [97]
  - no answer ..... [99]

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HYPNOTICS

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- 27 As you probably know, there are a lot of pharmaceutical drugs available to facilitate sleeping. Have you ever used any of these on prescription by a medical doctor or on your own initiative?
- INTERV. we don't mean anything like a glass of warm milk, or aspirin)*
- no ..... [1] **32**
  - yes ..... [2] **27b**
  - no answer ..... [3] **32**
- 27b Have you used it 25 times or more?
- no, less ..... [1]
  - yes, 25 times or more ..... [2]
  - don't know ..... [3]
  - no answer ..... [4]
- 28 At what age did you use hypnotics for the first time?
- age ..... [ | ]
  - don't know ..... [97]
  - no answer ..... [99]
- 29 Have you used hypnotics over the past 12 months?
- no ..... [1] **32**
  - yes ..... [2] **30**
  - no answer ..... [3] **30**
- 30 Have you used hypnotics over the past 30 days?
- no ..... [1] **32**
  - yes ..... [2] **31**
  - no answer ..... [3] **32**
- 31 Can you tell me which hypnotic(s) you have used over the past 30 days? I mean the names or brands. And will you tell me if you took them on prescription by a medical doctor or on your own initiative?

*INTERVIEWER: Write down literally! When respondents hesitate or say they don't know, ask them to have a look at the bottle or box of packing (in case it's still there).*

name hypnotic	doctors prescr.	own init.	both	d.k.	n.a.
..... [     ]	[1]	[2]	[3]	[4]	[5]
..... [     ]	[1]	[2]	[3]	[4]	[5]
..... [     ]	[1]	[2]	[3]	[4]	[5]
..... [     ]	[1]	[2]	[3]	[4]	[5]

SEDATIVES

<b>32</b>	Other pharmaceutical drugs are sedatives or tranquillizers, to calm you down. Have you ever used any of these, on prescription by a medical doctor or on your own initiative? <i>INTERVIEWER: we don't mean yoga, meditation and the like.</i>	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>37</b> <b>32b</b> <b>37</b>
<b>32b</b>	Have you used it 25 times or more?	- no, less ..... [1] - yes, 25 times or more ..... [2] - don't know ..... [3] - no answer ..... [4]	
<b>33</b>	At what age did you first use sedatives?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	
<b>34</b>	Have you used sedatives over the past 12 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>37</b> <b>35</b> <b>37</b>
<b>35</b>	And over the past 30 days?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>37</b> <b>36</b> <b>37</b>
<b>36</b>	If so, can you please tell me which sedative(s) you have used over the past 30 days? I mean the names or brands. And will you tell me if you took them on prescription by a medical doctor or on your own initiative?		

INTERVIEWER: Write down literally! When respondents hesitate or say they don't know, ask them to have a look at the bottle or box of packing (in case it's still there).

name sedative	doctors prescr.	own init.	both	d.k.	n.a.
..... [     ]	[1]	[2]	[3]	[4]	[5]
..... [     ]	[1]	[2]	[3]	[4]	[5]
..... [     ]	[1]	[2]	[3]	[4]	[5]
..... [     ]	[1]	[2]	[3]	[4]	[5]

CANNABIS

<b>37</b>	Have you ever used any cannabis (hash, marijuana or weed)?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>42</b> <b>37b</b> <b>42</b>
<b>37b</b>	Have you used it 25 times or more?	- no, less ..... [1] - yes, 25 times or more ..... [2] - don't know ..... [3] - no answer ..... [4]	
<b>38</b>	At what age did you first use cannabis?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	

<b>39</b>	Have you used cannabis over the past 12 months?	- no ..... [1]	<b>40</b>
		- yes ..... [2]	<b>41</b>
		- no answer ..... [3]	<b>40</b>
<b>40</b>	At what age did you last use cannabis?	- age ..... [   ]	<b>41a</b>
		- don't know ..... [97]	<b>41a</b>
		- no answer ..... [99]	<b>41a</b>
<b>41</b>	Have you used cannabis over the past 30 days?	- no ..... [1]	
		- yes, 1 to 4 days ..... [2]	
		- yes, 5 to 8 days ..... [3]	
		- yes, 9 to 14 days ..... [4]	
		- yes, 15 to 20 days ..... [5]	
		- yes, more than 20 days ..... [6]	
		- don't know ..... [7]	
		- no answer ..... [8]	
	<i>INTERVIEWER: present card E.</i>		
<b>41a</b>	Has one of your parents ever used cannabis?	- no ..... [1]	
		- yes ..... [2]	
		- don't know ..... [3]	
		- not applicable (has no parents) ..... [4]	
		- no answer ..... [5]	
<b>41b</b>	Has one of your siblings ever used cannabis?	- no ..... [1]	
		- yes ..... [2]	
		- don't know ..... [3]	
		- not applicable (has no siblings) ..... [4]	
		- no answer ..... [5]	
<b>41c</b>	Has one of your children ever used cannabis?	- no ..... [1]	
		- yes ..... [2]	
		- don't know ..... [3]	
		- not applicable (has no children) ..... [4]	
		- no answer ..... [5]	

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COCAINE

<b>42</b>	Have you ever used any cocaine?	- no ..... [1]	<b>47</b>
		- yes ..... [2]	<b>42b</b>
		- no answer ..... [3]	<b>47</b>
<b>42b</b>	Have you used it 25 times or more?	- no, less ..... [1]	
		- yes, 25 times or more ..... [2]	
		- don't know ..... [3]	
		- no answer ..... [4]	
<b>43</b>	At what age did you first use cocaine?	- age ..... [   ]	
		- don't know ..... [97]	
		- no answer ..... [99]	
<b>44</b>	Have you used cocaine over the past 12 months?	- no ..... [1]	<b>45</b>
		- yes ..... [2]	<b>46</b>
		- no answer ..... [3]	<b>46</b>



45	At what age did you last use cocaine?	- age ..... [   ]	47
		- don't know ..... [97]	47
		- no answer ..... [99]	47
46	Have you used cocaine over the past 30 days?	- no ..... [1]	
		- yes, 1 to 4 days ..... [2]	
		- yes, 5 to 8 days ..... [3]	
		- yes, 9 to 14 days ..... [4]	
		- yes, 15 to 20 days ..... [5]	
		- yes, more than 20 days ..... [6]	
		- don't know ..... [7]	
	- no answer ..... [8]		
	<i>INTERVIEWER: present card E.</i>		

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 AMPHETAMINES
 

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47	Have you ever used any amphetamines? (stimulants, pep, speed , etc.)	- no ..... [1]	52
		- yes ..... [2]	47b
		- no answer ..... [3]	52
47b	Have you used it 25 times or more?	- no, less ..... [1]	
		- yes, 25 times or more ..... [2]	
		- don't know ..... [3]	
		- no answer ..... [4]	
48	At what age did you first use amphetamine?	- age ..... [   ]	
		- don't know ..... [97]	
		- no answer ..... [99]	
49	Have you used amphetamines over the past 30 days?	- no ..... [1]	50
		- yes ..... [2]	51
		- no answer ..... [3]	51
50	At what age did you last use amphetamines?	- age ..... [   ]	52
		- don't know ..... [97]	52
		- no answer ..... [99]	52
51	Have you used amphetamines over the past 30 days?	- no ..... [1]	
		- yes, 1 to 5 days ..... [2]	
		- yes, 5 to 8 days ..... [3]	
		- yes, 9 to 14 days ..... [4]	
		- yes, 15 to 20 days ..... [5]	
		- yes, more than 20 days ..... [6]	
		- don't know ..... [7]	
	- no answer ..... [8]		
	<i>INTERVIEWER: present card E.</i>		

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 ECSTASY
 

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52	Have you ever used any ecstasy (XTC, MDMA)?	- no ..... [1]	57
		- yes ..... [2]	52b
		- no answer ..... [3]	57
52b	Have you used it 25 times or more?	- no, less ..... [1]	
		- yes, 25 times or more ..... [2]	
		- don't know ..... [3]	
		- no answer ..... [4]	

53	At what age did you first use ecstasy?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	
54	Have you used ecstasy over the past 12 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	55 56 56
55	At what age did you last use ecstasy?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	57 57 57
56	Have you used ecstasy over the past 30 days?  <i>INTERVIEWER: present card E.</i>	- no ..... [1] - yes, 1 to 4 days ..... [2] - yes, 5 to 8 days ..... [3] - yes, 9 to 14 days ..... [4] - yes, 15 to 20 days ..... [5] - yes, more than 20 days ..... [6] - don't know ..... [7] - no answer ..... [8]	

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HALLUCINOGENS

57	Have you ever used LSD or other hallucinogens (mescaline, mushrooms)?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	62 57b 62
57b	Have you used it 25 times or more?	- no, less ..... [1] - yes, 25 times or more ..... [2] - don't know ..... [3] - no answer ..... [4]	
58	At what age did you first use hallucinogens?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	
59	Have you used hallucinogens over the past 12 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	60 61 61
60	At what age did you last use hallucinogens?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	62 62 62
61	Have you used hallucinogens over the past 30 days?  <i>INTERVIEWER: present card E.</i>	- no ..... [1] - yes, 1 to 4 days ..... [2] - yes, 5 to 8 days ..... [3] - yes, 9 to 14 days ..... [4] - yes, 15 to 20 days ..... [5] - yes, more than 20 days ..... [6] - don't know ..... [7] - no answer ..... [8]	

INHALANTS

<b>62</b>	Have you ever used inhalants (to get 'high') like ether, glue or tri? (not when mending tires)	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>67</b> <b>62b</b> <b>67</b>
<b>62b</b>	Have you used it 25 times or more?	- no, less ..... [1] - yes, 25 times or more ..... [2] - don't know ..... [3] - no answer ..... [4]	
<b>63</b>	At what age did you first use inhalants?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	
<b>64</b>	Have you used inhalants over the past 12 months?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>65</b> <b>66</b> <b>65</b>
<b>65</b>	At what age did you last use inhalants?	- age ..... [   ] - don't know ..... [97] - no answer ..... [99]	<b>67</b> <b>67</b> <b>67</b>
<b>66</b>	Have you used inhalants over the past 30 days?  <i>INTERVIEWER: present card E.</i>	- no ..... [1] - yes, 1 to 4 days ..... [2] - yes, 5 to 8 days ..... [3] - yes, 9 to 14 days ..... [4] - yes, 15 to 20 days ..... [5] - yes, more than 20 days ..... [6] - don't know ..... [7] - no answer ..... [8]	

OPIATES

<b>67</b>	Have you ever used any opiates, like the ones mentioned on this card? <i>INTERVIEWER.: present card F.</i>	- no ..... [1] - yes ..... [2]	<b>71</b> <b>68</b>
<b>68</b>	Can you please indicate which one of these ..... You have ever used? You used 25 times or more? At what age did you <i>first</i> use this opiate? At what age did you <i>last</i> use this opiate? Did you use it the last time on prescription of a medical doctor, on your own initiative, or both?		

	ever used	more than 25 times	age 1st time	age last time	on prescr.
opium	[ ]	[ ]	[   ]	[   ]	[ ]
morphine	[ ]	[ ]	[   ]	[   ]	[ ]
heroin	[ ]	[ ]	[   ]	[   ]	[ ]
codeine	[ ]	[ ]	[   ]	[   ]	[ ]
palfium	[ ]	[ ]	[   ]	[   ]	[ ]
methadone	[ ]	[ ]	[   ]	[   ]	[ ]
other opiates	[ ]	[ ]	[   ]	[   ]	[ ]
CODES:	no [1] yes [2] n.a. [3]	no, < 25 x [1] yes, ≥ 25 x [2] n.a. [3]	don't know [97] n.a. [99]	don't know [97] n.a. [99]	no [1] yes [2] both [3]

- 69 Have you used opiates over the past 30 days? - no ..... [1] 71  
 - yes ..... [2] 70  
 - no answer ..... [3] 71

- 70 Can you please tell me which opiates you have used over the past 30 days and with what frequency?  
*INTERVIEWER: present card E and ask per separate opiate.*

	not	1 to 4 days	5 to 8 days	9 to 14 days	15 to 20 days	more than 20 days	don't know	no answer
opium	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
morphine	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
heroin	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
codeine	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
palfium	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
methadone	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]
other opiates	[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]

## COMBINATIONS

*INTERVIEWER: present card G.*

- 71 Some people use different drugs at the same time. Look for instance at the combinations on card G. Have you yourself used any combination over the past 12 months? - no ..... [1] 76  
 - yes ..... [2] 72  
 - no answer ..... [3] 76

- 72 Can you tell me which one?

	alco- hol	hyp- notic	sedative	hash marij.	cocaine	amphet, stim.	XTC	heroin, meth.	other opiates
tobacco	01	02	03	04	05	06	07	08	09
alcohol		10	11	12	13	14	15	16	17
hypnotics			18	19	20	21	22	23	24
sedatives				25	26	27	28	29	30
hash, marij.					31	32	33	34	35
cocaine						36	37	38	39
amphetamine							40	41	42
XTC, ecstasy								43	44
heroin, meth.									45

*INTERVIEWER. When no answer, fill : [99]*

- 73 Have you ever used one of the previously mentioned drugs intravenously or received an injection of any of them? - no ..... [01]  
 - hypnotics ..... [02]  
 - sedatives ..... [03]  
 - heroin ..... [04]  
 - methadone ..... [05]  
 - opium ..... [06]  
 - codeine ..... [07]  
 - palfium ..... [08]  
 - morphine ..... [09]  
 - hallucinogens ..... [10]  
 - stimulants ..... [11]  
 - other ..... [12]  
 - don't know ..... [13]  
 - no answer ..... [14]
- INTERVIEWER: present card H*

(DRUG) ASSISTANCE

<b>80</b>	Have you ever had contact with an institution for drug treatment? (CAD, Jellinek, GG&GD, etc.)?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>83</b> <b>80b</b> <b>83</b>
<b>80b</b>	Was this institution in Amsterdam?	- no, outside Amsterdam ..... [1] - yes, in Amsterdam ..... [2] - both in and outside A'dam ..... [3] - don't know ..... [4] - no answer ..... [5]	
<b>81</b>	When did you last have contact with such an institution? Over the past 30 days, over the past 12 months, or longer ago?	- more than a year ago ..... [1] - last year ..... [2] - last month ..... [3] - no answer ..... [4]	
<b>82</b>	For what drug?  <i>INTERV.: more answers possible</i>	- alcohol ..... [1] - cocaine, amphetamines, etc. .... [2] - heroin ..... [3] - pharmaceutical drugs ..... [4] - gambling habits ..... [5] - other ..... [6] - no answer ..... [7]	

GENERAL

*Interviewer:* To finish, i would like to ask a few general questions

<b>83</b>	<i>INTERVIEWER. Write down gender of respondent.</i>	- male ..... [1] - female ..... [2]	
<b>84</b>	How long have you lived in Amsterdam?	- ..... [   ] - no answer ..... [99]	
<b>85</b>	How long have you lived in this neighborhood?	- ..... [   ] - no answer ..... [99]	
<b>86</b>	How long have you lived in this house?	- ..... [   ] - no answer ..... [99]	
<b>87</b>	Do you have definite plans to change residence within a year? If yes, within or outside this neighborhood or Amsterdam?	- no ..... [1] - yes, within this neighborhood ..... [2] - yes, within Amsterdam ..... [3] - yes, outside Amsterdam ..... [4] - yes, don't know where to ..... [5] - don't know whether I'll move ..... [6] - no answer ..... [7]	
<b>88</b>	What is your date of birth?	[   ]-[   ]-[   ] ..... [day]-[month]-[year] .....	
<b>89</b>	What is the country of origin of your father?	- ..... [   ] - d.k./no answer ..... [99]	

90	What is the country of origin of your mother?	- ..... [   ] - d.k./no answer ..... [99]	
91	What is your own home country?	- ..... [   ] - no answer ..... [99]	
92	What is your nationality?	- ..... [   ] - no answer ..... [99]	
93	Do you live independently or with your parents or are you being supported?	- independently ..... [1] - with one parent/supporter ..... [2] - with two parents/supporters ..... [3] - in commune ..... [4] - in a service flat ..... [5] - other ..... [6] - no answer ..... [7]	94 99 99 94 94 94 94
94	How many people live in your household? (including yourself)	- one person ..... [1] - two people ..... [2] - three people ..... [3] - four people ..... [4] - five or more people ..... [5] - no answer ..... [6]	99 95 95 95 95 95

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QUESTIONS 95 TO 115 JUST FOR PEOPLE OF 16 YEARS AND OVER

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95	What type of household do you belong to?  <i>INTERVIEWER: Give card I.</i>	- one parent family ..... [1] - two adults without children at home [2] - two adults with children ..... [3] - other ..... [4] - no answer ..... [5]	96 99 96 96 96
96	How many children belong to this household?	- none ..... [1] - one child ..... [2] - two children ..... [3] - three or more children ..... [4] - no answer ..... [5]	99 97 97 97 97
97	What is the age of the oldest child?	- younger than 6 years ..... [1] - 6 to 12 years ..... [2] - 12 to 18 years ..... [3] - 18 years and over ..... [4] - no answer ..... [5]	
98	What is the age of the youngest child?	- younger than 6 years ..... [1] - 6 to 12 years ..... [2] - 12 to 18 years ..... [3] - 18 years and over ..... [4] - not applicable (1 child) ..... [5] - no answer ..... [6]	
99	What is your occupation or profession? <i>INTERV. Ask also when resp. has no job</i>	- ..... [   ] - no answer ..... [99]	

<b>100</b>	Do you currently have a (paid) job?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>104</b> <b>101</b> <b>104</b>
<b>101</b>	How many hours a week do you work? Less than 8 hours, between 8 and 20 hours, between 20 and 32 hours, or more than 32 hours a week?	- less than 8 hours ..... [1] - 8 to 20 hours ..... [2] - 20 to 32 hours ..... [3] - more than 32 hours ..... [4] - no answer ..... [5]	
<b>102</b>	Is this a steady job (i.e., a permanent job)?	- yes ..... [1] - no ..... [2] - no answer ..... [3]	
<b>103</b>	Do you have freedom to schedule your own working time?	- great freedom ..... [1] - moderate freedom ..... [2] - little or no freedom ..... [3] - d.k./no answer ..... [4]	
<b>104</b>	Do you belong to one of these groups?	- wage-worker ..... [01] - entrepreneur ..... [02] - free-lance worker ..... [03] - working for temporary agency ..... [04] - jobless/in search of job ..... [05] - on benefits/not in search ..... [06] - work disability ..... [07] - retired ..... [08] - military service ..... [09] - housewife/houseman ..... [10] - other ..... [11] - no answer ..... [12]	<b>106</b> <b>106</b> <b>106</b> <b>106</b> <b>105</b> <b>106</b> <b>105</b> <b>106</b> <b>106</b> <b>106</b> <b>106</b> <b>106</b>
	<i>INTERVIEWER: Give card J.</i>		
<b>105</b>	For how long have you been jobless or unable to work?	- shorter than 6 months ..... [1] - 6 to 12 months ..... [2] - 1 to 2 years ..... [3] - longer than 2 years ..... [4] - no answer ..... [5]	
<b>106</b>	Can you tell me what is the highest level of education you completed?	- primary school ..... [1] - LBO (LTS, LHNO, LEAO) ..... [2] - MBO (MTS, MEAO, INAS) ..... [3] - ULO, MULO, MAVO ..... [4] - MMS, HBS, HAVO, VWO ..... [5] - HBO, univ. (HTS, HEAO, Soc.Acad.) [6] - other ..... [7] - no answer ..... [8]	
	<i>INTERVIEWER: Give card K.</i>		
<b>107a</b>	Do you currently attend any day-time courses?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>107b</b> <b>108</b> <b>107b</b>
<b>107a</b>	Do you currently attend evening courses?	- no ..... [1] - yes ..... [2] - no answer ..... [3]	<b>110</b> <b>108</b> <b>110</b>

- 108 What kind of school do you go to? ..... [1]  
 - LBO (LTS, LHNO, LEAO) ..... [2]  
 - MBO (MTS, MEAO, INAS) ..... [3]  
 - ULO, MULO, MAVO ..... [4]  
 - MMS, HBS, HAVO, VWO ..... [5]  
 - HBO, univ. (HTS, HEAO, Soc.Acad.) [6]  
 - other ..... [7]  
 - no answer ..... [8]
- INTERVIEWER: Give card L.*
- 109 How many hours a week do you spend on your courses? 20 or more hours or less than 20 hours? ..... [1]  
 - 20 or more hours ..... [2]  
 - no answer ..... [3]
- 110 Do you have a partner sharing your household? ..... [1] **114**  
 - yes ..... [2] **111**  
 - no answer ..... [3] **114**
- 111 Does he or she have a paid job? ..... [1] **114**  
 - yes ..... [2] **112**  
 - no answer ..... [3] **114**
- 112 How many hours a week does he or she work? ..... [1]  
 - between 8 and 20 hours ..... [2]  
 - between 20 and 32 hours ..... [3]  
 - more than 32 hours ..... [4]  
 - d.k./no answer ..... [5]
- 113 Is this a steady job (i.e., a permanent job)? ..... [1]  
 - no ..... [2]  
 - no answer ..... [3]
- 114 I will now give you a card which shows income groups. Can you please tell me in which group your personal net monthly income falls? ..... [01]  
 - f750 to f1250 ..... [02]  
 - f1250 to f1500 ..... [03]  
 - f1500 to f2000 ..... [04]  
 - f2000 to f2500 ..... [05]  
 - f2500 to f3000 ..... [06]  
 - f3000 to f4000 ..... [07]  
 - f4000 to f5000 ..... [08]  
 - more than f5000 ..... [09]  
 - don't know ..... [10]  
 - no answer ..... [11]
- INTERVIEWER: Give card M.*
- 115 Can you tell in which group the net income of your *entire household* falls, i.e. from all household members together? ..... [01]  
 - f750 to f1250 ..... [02]  
 - f1250 to f1500 ..... [03]  
 - f1500 to f2000 ..... [04]  
 - f2000 to f2500 ..... [05]  
 - f2500 to f3000 ..... [06]  
 - f3000 to f4000 ..... [07]  
 - f4000 to f5000 ..... [08]  
 - more than f5000 ..... [09]  
 - don't know ..... [10]  
 - no answer ..... [11]



# SF-36 HEALTH SURVEY

**INSTRUCTIONS:** This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

Answer every question by marking the answer as indicated. If you are unsure about how to answer a question, please give the best answer you can.

1. In general, would you say your health is: *(circle one)*

- Excellent ..... 1
- Very good ..... 2
- Good ..... 3
- Fair ..... 4
- Poor ..... 5

2. Compared to one year ago, how would you rate your health in general now? *(circle one)*

- Much better now than one year ago ..... 1
- Somewhat better now than one year ago ..... 2
- About the same as one year ago ..... 3
- Somewhat worse now than one year ago ..... 4
- Much worse now than one year ago ..... 5

3. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? *(circle one number on each line)*

ACTIVITIES	Yes, Limited A Lot	Yes, Limited A Little	No, not Limited At All
a. <b>Vigorous activities</b> , such as running, lifting heavy objects, participating in strenuous sports .....	1	2	3
b. <b>Moderate activities</b> , such as moving a table, pushing a vacuum cleaner, bowling, or playing golf .....	1	2	3
c. Lifting or carrying groceries .....	1	2	3
d. Climbing <b>several</b> flights of stairs .....	1	2	3
e. Climbing <b>one</b> flight of stairs .....	1	2	3
f. Bending, kneeling, or stooping .....	1	2	3
g. Walking <b>more than a mile</b> .....	1	2	3
h. Walking <b>several</b> blocks.....	1	2	3
i. Walking <b>one</b> block .....	1	2	3
j. Bathing or dressing yourself .....	1	2	3

4. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health? *(circle one number on each line)*

	Yes	No
a. Cut down on the <b>amount of time</b> you spent on work or other activities .....	1	2
b. <b>Accomplished less</b> than you would like .....	1	2
c. Were limited in the <b>kind</b> of work or other activities .....	1	2
d. Had <b>difficulty</b> performing the work or other activities (for example, it took extra effort) .....	1	2

5. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?  
(circle one number on each line)

- |   | Yes | No |
|---|-----|----|
| a. Cut down the <b>amount of time</b> you spent on work or other activities ..... | 1   | 2  |
| b. <b>Accomplished less</b> than you would like .....                             | 1   | 2  |
| c. Didn't do work or other activities as <b>carefully</b> as usual .....          | 1   | 2  |

6. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups? (circle one)

- Not at all ..... 1
- Slightly ..... 2
- Moderately ..... 3
- Quite a bit ..... 4
- Extremely ..... 5

7. How much bodily pain have you had during the past 4 weeks? (circle one)

- None ..... 1
- Very mild ..... 2
- Mild ..... 3
- Moderate ..... 4
- Severe ..... 5
- Very severe ..... 6

8. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? (circle one)

- Not at all ..... 1
- A little bit ..... 2
- Moderately ..... 3
- Quite a bit ..... 4
- Extremely ..... 5

9. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks -

	All	Most	A Good	Some	A Little	None
(circle one number on each line)	of the	of the	of the	of the	of the	of the
	Time	Time	Time	Time	Time	Time

- |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| a. Did you feel full of pep? .....  | 1 | 2 | 3 | 4 | 5 | 6 |
| b. Have you been a very nervous person? .....                                   | 1 | 2 | 3 | 4 | 5 | 6 |
| c. Have you felt so down in the dumps that<br>nothing could cheer you up? ..... | 1 | 2 | 3 | 4 | 5 | 6 |
| d. Have you felt calm and peaceful? .....                                       | 1 | 2 | 3 | 4 | 5 | 6 |
| e. Did you have a lot of energy? .....  | 1 | 2 | 3 | 4 | 5 | 6 |
| f. Have you felt downhearted and blue? .....                                    | 1 | 2 | 3 | 4 | 5 | 6 |
| g. Did you feel worn out? .....   | 1 | 2 | 3 | 4 | 5 | 6 |
| h. Have you been a happy person? .....  | 1 | 2 | 3 | 4 | 5 | 6 |
| i. Did you feel tired? .....  | 1 | 2 | 3 | 4 | 5 | 6 |

10. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)? (*circle one*)

- All of the time ..... 1
- Most of the time ..... 2
- Some of the time ..... 3
- A little of the time ..... 4
- None of the time ..... 5

11. How TRUE or FALSE is each of the following statements for you? (*circle one*)

- |   | Definitely<br>True | Mostly<br>True | Don't<br>Know | Mostly<br>False | Definitely<br>False |
|---|--------------------|----------------|---------------|-----------------|---------------------|
| a. I seem to get sick a little easier than other people ..... | 1                  | 2              | 3             | 4               | 5                   |
| b. I am as healthy as anybody I know .....                    | 1                  | 2              | 3             | 4               | 5                   |
| c. I expect my health to get worse .....                      | 1                  | 2              | 3             | 4               | 5                   |
| d. My health is excellent .....                               | 1                  | 2              | 3             | 4               | 5                   |

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